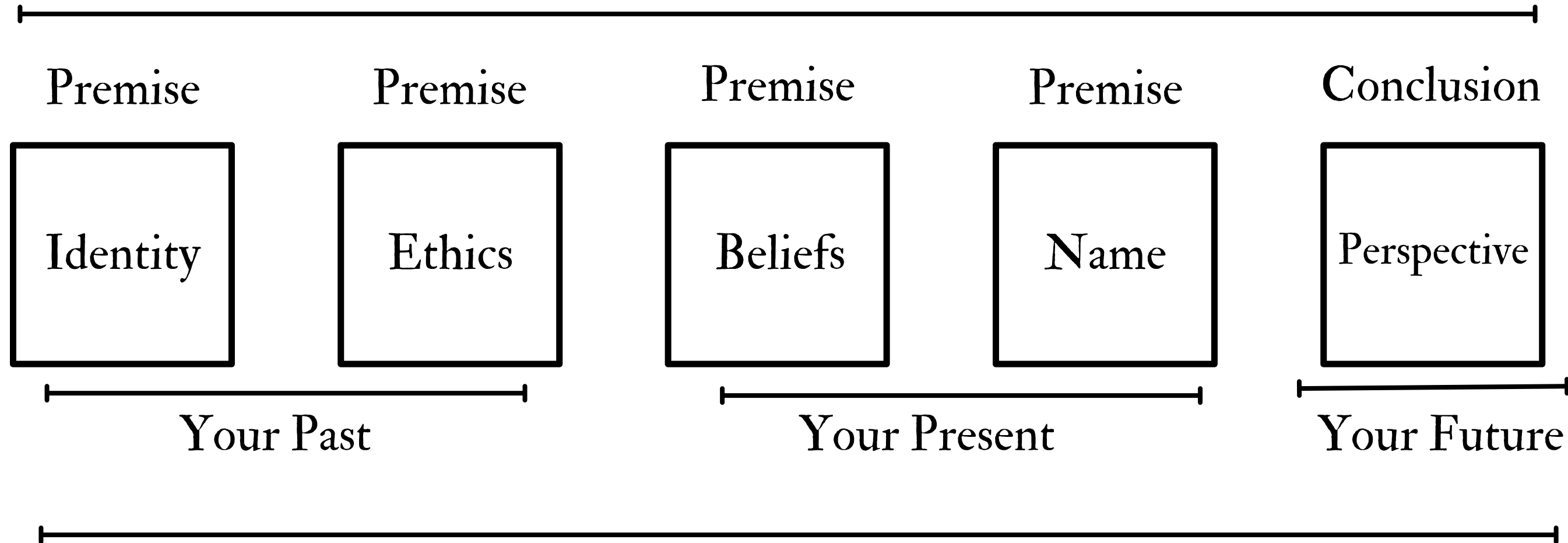


COGNITIVE CORE

Logical Health



Story Health

A HEALTHY COGNITIVE CORE

The Healing Garden

Identity

- Your Chosen Qualities (Present)
- What You Love (Past)
- What You Want (Future)

Ethics

- The 12 Ethical Stages of Perspective Growth
- Lesser Ethics Defined by our Identity

Beliefs

- What You Conclude from your Identity and Ethics
- What you Experienced through Life

Name

- The Summation of How We Define The Self

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AN UNHEALTHY COGNITIVE CORE

The Healing Garden

Identity

- Undefined Qualities (Present)
- Undefined Loves and Interests (Past)
- Undefined Desires and Goals (Future)

Ethics

- Ethics from Inherited Religion enforced by Fear of Conditional Belonging
- Ethics from Tradition enforced by Fear of Conditional Belonging
- Ethics from Cultural Assimilation enforced by Fear of Conditional Belonging

Beliefs

- What You Conclude based on Fear of Conditional Belonging
- How your Self-Authority was compromised through nonconsensual submission
- How Others Forced Obedience /Submission from us through Psychological Extortion, Entrapment, or Blackmail

Name

- The Names others Called us
- How we were labeled
- The Boxes we are forced into

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